You might like to read about Quakers:

- Quaker Faith and Practice our book of personal experience on many topics, plus Quaker history and ways of doing things
- The Amazing Fact of Quaker Worship, George Gorman
- ❖ A Light that is Shining, Harvey Gillman

These are all available for borrowing from our meeting.

Other Quaker meetings in Edinburgh

Central Edinburgh:

Sundays 9.30-10.15am and 11am-noon; weekdays 8-8.30am; Wednesdays 12.30-1pm, at 7 Victoria Terrace, EH1 2JL (the main meeting house in the area).

Portobello:

1st Sunday each month 7.30-8pm at Old Parish Church, Bellfield St, EH15 2BP; 4th Sunday 10.30-11.30am at 3 Esplanade Terrace, EH15 2ES.

There are also meetings for worship at Edinburgh University and Heriot-Watt University during term time.

Finding out more

WE ARE DELIGHTED TO ANSWER YOUR QUESTIONS and help you find out more. We have study groups and occasional lunches together to get to know each other and build our community. Chat to any of us after meeting - if we can't answer your questions we'll find someone who can!

Enquiries about the meeting can also be made by ringing Sandra Riddell on 0131 229 9586.

Our monthly calendar:

gives news of what is going on in our meeting, and more widely. Pick up a copy at meeting or see our website: www.quakerscotland.org/southedinburgh

Other websites:

www.quaker.org.uk

This is the website of Quakers in Britain, with lots of information about Quakers and Quaker life. This includes our social and peace work, and worldwide links.

http://en.wikipedia.org/wiki/Quakers This wikipedia article on Quakers is pretty good.

Quakers in South Edinburgh welcome you!



Sundays at 10.30 am at The Open Door, 420 Morningside Road Children welcome

www. quakers cotland. org/south-edinburgh



What happens at South Edinburgh Quaker meeting?

WE MEET IN SILENCE, with no designated leader. When you enter the meeting room, which is downstairs, sit comfortably wherever you want to. In the silence we try to enter into fellowship with one another, and with God.

Anyone may speak during the meeting - we call this 'spoken ministry'. This may be a reflection, prayer, reading, or sharing of spiritual experience.

After about an hour, the meeting ends with shaking hands with our neighbours.

On the table in the centre of the room you'll see copies of the Bible, Quaker Faith & Practice - the anthology of Quaker spiritual experience - and other books of spiritual insight. You're welcome to pick these up and read them at any time during the meeting.

Children usually join the adults at the end, after enjoying their own separate meeting upstairs.

After news and notices, you're welcome to join us for a cup of tea or coffee and a chat.

Quakers say...

- ... there is something sacred in everyone
- ... every person is unique, precious, and equal before God
- ... it's good to explore the different ways in which people experience God
- ... in stillness we find a deeper sense of God's presence
- ... true religion leads to respect for the earth and all life upon it
- ... we want to live our lives in ways which express these convictions



QUAKERS TODAY HOLD A RANGE OF BELIEFS.

Quakerism is Christian in origin, but while some Friends (the other name for Quakers) are Christian, others find spiritual roots in other traditions. We are all on a spiritual journey which values community and diversity.

Quakers don't have a formal creed, valuing individual experience above the written word. This absence of a stated formal belief has allowed us to develop in the light of changes to our understanding of the world.

'Friends find unity in the depth of the silence when the worshippers are truly gathered and deeply centred on the things of the spirit.'

Quaker Faith & Practice

Who can come to Quaker meetings?

EVERYONE IS WELCOME at our meetings. There will be no pressure put on you to come again, or to make a regular commitment. People who have decided to be part of our meeting are joining a movement of exploration - looking for ways to live justly in a challenging world, and sharing insights and experiences.