

Glasgow Quaker News

May 2026

Contacting the Meeting:

Mobile 07761 096664

glasgowquakers@yahoo.com

www.quakerscotland.org/glasgow

Sun 3 May	11.00 Meeting for Worship In the Renfield Centre and by Zoom 13.00 Local Meeting for Business in the Renfield Centre and by Zoom
Mon 4 May	17.15 Monday Quaker Community by Zoom – see below
Tues 5 May	8 am Time for Stillness by Zoom – see below
Wed 6 May	12.30 Meeting for Worship in the Unitarian House and by Zoom 14.00 Experiment with light – see below
Thurs 7 May	12.00 Quaker Meeting outside at Glasgow University Peace Bench
Sun 10 May	11.00 Meeting for Worship in the Renfield Centre and by Zoom 11.00 All Age Meeting with the children downstairs
Sat 9 May	Quaker walk – see below
Mon 11 May	17.15 Monday Quaker Community by Zoom – see below
Tues 12 May	8 am Time for Stillness by Zoom – see below
Wed 13 May	12.30 Meeting for Worship in the Unitarian House and by Zoom 14.00 Experiment with light – see below
Thurs 14 May	12.00 Quaker Meeting outside at Glasgow University Peace Bench
Frid 15 May	Conscientious Objectors Day. Walk round city centre – see below
Sun 17 May	11.00 Meeting for Worship in the Renfield Centre and by Zoom 11.00 Meeting for Worship at Faslane Naval Base – see below
Mon 18 May	17.15 Monday Quaker Community by Zoom – see below
Tues 19 May	8 am Time for Stillness by Zoom – see below
Wed 20 May	12.30 Meeting for Worship in the Unitarian House and by Zoom 14.00 Experiment with light – see below
Thurs 21 May	12.00 Quaker Meeting outside at Glasgow University Peace Bench
Sun 24 May	11.00 Meeting for Worship in the Renfield Centre and by Zoom
Mon 25 May	17.15 Monday Quaker Community by Zoom – see below

18.00 for 19.30 Young Friends epilogue at the Unitarian House

Tues 26 May 8 am Time for Stillness by Zoom – see below

Wed 27 May 12.30 Meeting for Worship in the Unitarian House and by Zoom
14.00 Experiment with light – see below

Thurs 28 May 12.00 Quaker Meeting outside at Glasgow University Peace Bench

Sun 31 May 11.00 Meeting for Worship in the Renfield Centre - no Zoom

Reminder – If you wish to have something circulated within the Meeting, please email it to Clive Potter at Mailinglist@glasgowquakers.org.uk

Renfield Centre: 260 Bath Street, Glasgow, G2 4JP

Unitarian House: 72 Berkeley Street, Glasgow, G3 7DS

QUAKER BUSINESS MEETING

The next Local Meeting for Business is on **Sunday 3 May** at 1pm in the Renfield Centre. We are not able to provide lunch beforehand for those attending so please bring your own.

MINISTRY IN MEETING

We are aware that Friends attending on Zoom sometimes have difficulty hearing ministry from the Meeting Room in the Renfield Centre. They have asked that Friends ministering during Meeting for Worship in the Renfield Centre speak slowly and clearly so that everyone can hear them.

WELCOMING THE NEW BOOK OF DISCIPLINE: SOME IDEAS.

The draft of our new book of discipline *Our Quaker Way: Spiritual Discipline in the Religious Society of Friends (Quakers) in Britain* will be made available on **November 21st 2026**. NB: This is a **working title**.

From **November 2026 until June 2027** meetings will be invited to read the draft using materials designed by Woodbrooke and the Communicating with Friends committee of the Book of Discipline Revision Committee (BDRC). We want friends to **read, reflect and respond**.

In **July 2027** yearly meeting in session (all of us) will decide whether or not to accept the draft. We will tell the Book of Discipline Revision Committee what changes we want. The BDRC will then implement these and bring a revised draft to YM in 2029. Once this is approved, *Our Quaker Way* (or alternative name) will replace *Quaker Faith and Practice* as our book of discipline in **2030**.

There have been many incarnations of the book of discipline. **It is like Doctor Who:** it is always the same thing, but it regenerates. We're about to watch it regenerate for a new time and a new generation, as it always has. It is **a new book with both new and old material**.

Between now and November we will have a number of preparatory sessions on relevant topics, such as

- What is a book of discipline? The history of our book.

- What language do we use for God?
- What binds us together? What do we need to be able to see ourselves in the new book of discipline?
- What are the challenges for a new book of discipline?

(These are sample session titles.)

The BDRC has made a draft, like a clerk writing a (very long) minute. It is our turn now to decide what we think of that minute. What do we want from a new book of discipline?

Watch this space.

CONSCIENTIOUS OBJECTORS DAY – WALK IN THEIR SHOES

Friday 15th May

Barry Mills will be leading a walk around the city centre starting at 11am with information about conscientious objection in Glasgow in the two World Wars. It is a QPSW (Quaker Peace and Social Witness) initiative supported by NFPB (Northern Friends Peace Board). This is his plan.

Meet 11 am at back of City Chambers at junction of George St and John St (front of City Chambers has no space and is very noisy).

Talk about CO Day, current and recent COs and countries with or re-introducing conscription.

Talk about Myer Galpern and the few Socialist WW2 COs.

Walk to Old Sheriff Court at junction of Wilson St and Brunswick St.

Talk about the very few Scots Nationalist COs and the few female COs.

Walk to Renfield Centre via Bath St, pausing briefly at 207 Bath St where Quakers met until 1944.

Outside Renfield Centre, talk about local WW2 Quaker COs including FAU members and then Yuri from Ukraine and any other current Quaker COs I hear about.

Expected time 1 hour to 1 hour 15minutes. If Friends are not rushing off we could go for a coffee and a snack near the Renfield Centre.

INSTAGRAM AND FACEBOOK – HELP NEEDED

We are looking for someone to manage / moderate the Meeting's Instagram and Facebook accounts. Up to now this has been done by Victoria Ivanenko but she is having to relinquish this for the moment.

If you think you can help, please contact Daphne Wassermann: daphnew@cantab.net.

CLIMATE CAFÉ

One off meeting: Tuesday 28 April 5.30 Mitchell Library Cafe

The Climate Cafe continues online via our WhatsApp group until we have completed our move. But as there seems to be a lot to talk about at the moment, we are meeting at the

Mitchell library in the cafe on Tuesday 28 April at 5.30. The aim is simply to share reflections and report on events we've attended. All are welcome to join us.

Note that the cafe will serve drinks till 5.45 but not food. We'll aim to finish by 7. Those who want to can eat together locally.

LUNCH AFTER SUNDAY MEETING FOR WORSHIP

From Hilary Patrick

Some of us have started going to Smile café, just down Bath Street on the left, after Meeting for Worship on Sundays.

Meet at the front door of the building after coffee at about 12.30.

All are welcome, old and new Friends, and visitors very much included.

ALL AGE WORSHIP

The All Age Worship on 10th May will be in the children's room.

All are welcome to join this.

If anyone would like to find out more, please speak to Kath Allan or Mary Troup.

ONLINE COURSES WITH THE QUAKER LEARNING CENTRE, WOODBROOKE

This is a short selection of the possibilities for May. No-one should be put off by cost as bursary funds are available

Pay as led (as much or as little as you can afford) 90 minute courses

14 May Enquiring into: Quaker Worship

14 and 21 May The Start of the Quaker Way (with Ben Pink Dandelion)

16 May Christ in the Stranger and Outcast (with Pendle Hill, Pennsylvania Quaker centre)

17 May Wrestling with the Bible: Psalm 137

19 May Soul Searching: Spiritual Exercises for the Digital Age

21 May Embodying Spiritual Wisdom Through Chant (with Pauline Meier)

27 May Walking with Francis of Assisi Today

Costed courses

20 and 27 May Finding the Words: How to explain being a Quaker £48

27 May, 3 and 10 June Making Peace with Conflict: Skills for Difficult Conversations £54

Residential 29 to 31 May God in All Things: a Quaker look at Ignatian Spirituality. With Mark Russ at Glenthorne Guest House, Grasmere £295

More information from Woodbrooke.org.uk

2026 Swarthmore Lecture

2 May Stuart Masters on Tangled Roots: Navigating the Complex Legacy of Early Quakers.

Information from woodbrooke.org.uk/swarthmore

PEACE BENCH

The 20 minute Quaker Meeting outside at Glasgow University Peace Bench will continue every Thursday at 12 midday. All welcome.

For further information contact Jenny Copsey: jennifercopsey@yahoo.co.uk

THE QUAKER HEALING GROUP

The group meets regularly by Zoom from 7.30 - 8.30pm on the first Monday of each month. All welcome.

Further details from Nicola James Maharg: nicola.james53@gmail.com

We have a core group of regular attenders such as Myfanwy Thomas (in Paris!), Sheila Semple and myself and some who come when they can.

MEETING FOR WORSHIP AT FASLANE NAVAL BASE

The remaining dates for 2026 are 17th May, 28th June, 27th September, 8th November.

Faslane Naval Base houses the Trident Nuclear Submarines. We meet for an hour from 11am outside the North Gate as a witness to peace and against nuclear weapons.

There are some rocks to sit on or you can bring a folding chair. Parking is available outside the Faslane cemetery on the right just past the north gate.

For more information and to share lifts, contact Mary Alice Mansell: mamansell54@gmail.com

YOUNG FRIENDS MONDAY NIGHT EPILOGUES

Young Friends Epilogue continues to meet at the Unitarian House in Berkeley St on the last Monday of each month at 7pm for chat with tea coffee and snacks, and at 7.30 for a half hour meeting for worship. The dates for the next few months are: April 27th, May 25th, June 29th and July 27th. All friends of 18 to 35 ish are very welcome to come along.

QUAKER WALKS

The next walk is on Saturday 9th May probably from Polmont to Linlithgow led by Charlotte Wright.

If you would like to be added to the mailing list and for further details, please contact Daphne Wassermann – daphnew@cantab.net

REGULAR QUAKER MEETINGS

Meeting for Worship

Sundays at 11am in the Renfield Centre and Wednesdays at 12.30 in the Unitarian House. Addresses are above. Both Meetings are also on Zoom – see below.

Zoom

Meetings continue by Zoom on Sundays at 11am and Wednesdays at 12.30. The links are listed below. Note that there is no Zoom on the 5th Sunday.

Note that you are encouraged to stay on the Zoom after the meeting has finished to chat to each other. The host will mute the room and turn the video off so you aren't distracted by those in the room.

Sundays (except 5th Sundays)

<https://us02web.zoom.us/j/82975187161?pwd=TdNxFMmTcFU9PHsDoc7KxAUGOfg3k7.1>
Meeting ID: 829 7518 7161
Passcode: 394316

Wednesdays

<https://us02web.zoom.us/j/87099013382?pwd=zp0rbwnJ0Vajlr3rQcYetL2bSDSXZ.1>
Meeting ID: 870 9901 3382
Passcode: 398094

5th Sundays

Local Meeting agreed that on the 5th Sundays there will be no blended meeting in Glasgow and Meeting for Worship will be in the Renfield Centre only.

If you would like to join a Meeting by Zoom you are welcome to join Friends in Milngavie Meeting with the following links.

<https://us02web.zoom.us/j/7462365700?pwd=S005RkYkYkQ0eDUzd3RmNGU4L05hdz09>
Meeting ID: 746 236 5700 Passcode: 086276

Monday Quaker Community

Every Monday, 5.15 to 6.00pm

Join us for a chat and catch up followed by a period of worship.

<https://us02web.zoom.us/j/84307363243?pwd=TIlv0ACzUMRkZpRRc74hFrSk1iZsr1.1>
Meeting ID: 843 0736 3243
Passcode: 471822

To join the mailing list, please contact Sheila Semple at
Sheila.semple@btinternet.com

Time for Stillness

Every Tuesday, 8.00 to 8.30am

A reminder that Time for Stillness (T4S) is every Tuesday morning 7.50am for an 8am start. It is a lovely way to start your day, gathering with Friends in Stillness.

<https://us02web.zoom.us/j/81510281536?pwd=yZXNDBnRQRDc2IXzjJtcDIHmFpnmQ.1>
Meeting ID: 815 1028 1536
Passcode: 519226

Deepening Spirituality

Early morning meeting at 10am on 3 and 17 May

We meet on the first and third Sundays of the month at 10am for a silent half hour then chat and discuss.

Open to all.

Any queries contact Margaret Roy.

<https://us06web.zoom.us/j/7613798296?pwd=enZDWS9iRHNHUIIZR2dBb3N2YjBoZz09>
Meeting ID: 761 379 8296
Passcode: EwLWed

Experiment with light

Wednesdays 2pm to 4pm

<https://us02web.zoom.us/j/86119430599?pwd=nZJR58aEOye59nfMNmXbYfLmqFCIfh.1>
Meeting ID: 861 1943 0599
Passcode: 710072

See also the Appendix to this newsletter about the Perth group that meets on the first Sunday of each month and invites new people to join.

Quakers in Europe Prayer Group

Saturdays 08:30 to 9.30 am

For further information contact Mary Troup, marytroup2001@gmail.com or 07776146265

Sunday evening online Meeting for Worship

The meeting is open from 7.15pm to give time to say hello and settle in. The worship starts at 7.30pm for half an hour after which there is time for chat.

<https://us02web.zoom.us/j/85320172452?pwd=Y21aXNuHocwL3LOZb4CmPHR9i87wXe.1>

Meeting ID: 853 2017 2452 Passcode: 563890

If anyone has any difficulties please call Kate Gulliver on her mobile 07596 725387.

COLLECTIONS

We are grateful to those Friends who have been able to make donations to Glasgow Meeting funds by bank transfer.

They should now be sent to Quakers in Scotland: Cooperative Bank, Sort code: 08-92-99, Account number: 67436963.

Please use GLA followed by your surname and first initial as the reference, and inform Bronwen Currie of any allocation of the funds: bron.currie@gmail.com.

The Quakers in Scotland Contribution Schedule will be sent out shortly and contains all the details as well.

Please also change any standing orders from the Glasgow bank account to the Quakers in Scotland bank account, above, so we keep all the contributions and book keeping in one place.

Collections can also be made in person after Meeting for Worship.

Special Collections

The Special Collection on 26th April will be for Freedom from Torture, introduced by Daphne Wassermann.

Therapy: Torture causes long-lasting mental and physical pain. It can take many years for someone to recover from it. Our aim is to help people come to terms with their experiences and enjoy lives that are as full and happy as possible. Our counsellors, psychotherapists, doctors, care coordinators and pain management specialists help people through the long recovery journey. We offer one-to-one therapy, group activities and other support including for physical pain. Our services are offered to men, women, children and young people, as well as to families and couples.

Activity groups: We provide a number of creative and group activities across our centres, including gardening, music, art, football and cooking. These activities have excellent health and social benefits for people who have fled torture and been forced to leave their friends and family behind.

Write to Life: Write to Life is the world's only long-running creative writing group for survivors of torture. Our members meet each week to explore stories and share ideas.

The headquarters are in London and there are also branches in Glasgow, Manchester, Newcastle and Birmingham

For further information and **on-line donation** go to: <https://www.freedomfromtorture.org/>

The Special Collection on **31st May** will be for Trans harm Reduction, introduced by Young Friends'.

Trans Harm Reduction, is a grassroots, donation-funded group that supports trans people to self-medicate safely (which is unfortunately needed as it is now impossible for many people to access gender-affirming healthcare through official channels).

For further information and **on-line donation** go to: <https://transharmreduction.org/>

FOR NEWCOMERS

Discovering Quakers

This initiative provides simple, friendly ways for newcomers to connect with Quakers. It includes weekly "Quaker Lives" Zooms, enquirer packs, and a welcoming website. Whether someone is spiritually searching or simply curious, this is a great starting point.

Website: discoveringquakers.org.uk

What Is the Quaker Way?

Gentle, one-hour monthly Zoom sessions introducing Quaker worship, values, and spiritual practice.

These welcoming and reflective gatherings are ideal for people exploring whether Quakers are their spiritual home.

Register:

https://forms.office.com/pages/responsepage.aspx?id=MGHYU_KJUq_K4_1UYIBaC6sKC-7eK5LkJYiC58JmldURTFKRIhIRk&zNihKNkVEVfDFNVFITEpaVi4u&route=shorturl

USEFUL INFORMATION

Generic email addresses

Clerk@glasgowquakers.org.uk
Pastoralcare@glasgowquakers.org.uk
Elders@glasgowquakers.org.uk
Children@glasgowquakers.org.uk
Mailinglist@glasgowquakers.org.uk
Treasurer@glasgowquakers.org.uk
Property@glasgowquakers.org.uk
Librarian@glasgowquakers.org.uk
Communications@glasgowquakers.org.uk
LMnominations@glasgowquakers.org.uk
Climate.cafe@glasgowquakers.org.uk
Safeguarding@glasgowquakers.org.uk
Safety@glasgowquakers.org.uk

Committee minutes and documents

The link is as follows

<https://drive.google.com/drive/u/0/folders/1yacRe0kYhXxw7czWwyCJeoecMZFg7VnV>

Committees are encouraged to upload their minutes, remits and any other useful documents. If a committee clerk wants access, please contact Charlotte Wright.

Social media

Facebook - <https://www.facebook.com/groups/GlasgowQuakers>

Instagram - <https://www.instagram.com/glasgowquakers>

Website - <https://www.quakerscotland.org/glasgow>

There is also a Young Friends WhatsApp group. To join contact Ren Clark: 07837787988

Zoom bookings

Friends who need to book meetings on our Zoom account will be given the login details. They will be able to see what other meetings have been booked. At present this information is not accessible more generally.

Note that only one meeting can take place at a time so **please check the Meetings tab before booking your meeting** to ensure that there is no clash.

Other newsletters and websites

Quakers in Scotland (formerly Scotland General Meeting) *Scottish Friend* newsletter is online at

<https://www.quakerscotland.org/qis>

All the Britain Yearly Meeting newsletters can be accessed at quaker.org.uk/newsletters

Glasgow Local Meeting website is now part of the Quakers in Scotland website. www.quakerscotland.org/glasgow

West Scotland Area Meeting has been laid down but information and newsletters can still be found at

<https://www.quakerscotland.org/west>

Keeping in touch

If you want to be on the Meeting email distribution list please contact Clive Potter, mailinglist@glasgowquakers.org.uk

<p>Please send items for June "Elmbank Events" by Tuesday 23 May to Daphne Wassermann. 0141 357 0396 daphnew@cantab.net (note new email address)</p>

APPENDIX

Experiment with Light Zoom group

The practice of Experiment with Light is based on the discoveries of Early Friends, reflected in the writings of George Fox and others. Using a range of guided meditations the spiritual discipline was developed by Rex Ambler, a Quaker and theologian. Friends are led to explore their own relationship with the Light and to witness the working of the Light in one another's lives. It is a core Quaker spiritual practice and consists of 4 main steps, namely:

1. mind the Light
2. open your heart to the truth
3. wait in the Light
4. reach toward inner peace

The central purpose of a Light Group is the development of spiritual life. Some of our members here speak for themselves:

•
It is a constant companion to my spiritual life. It's enriched my spiritual life ... It's absolutely at the centre.

•
Meditating at the Light Group meeting has enabled me to find a place deep within, where there is space to be without cares and concerns crowding in.

•
For me the EwL groups I have sat with, including this one, have inspired a deeper level of contemplative practice, discernment and spiritual inspiration. I've uncovered deeper truths about myself, seen others in new, more loving light, dealt with past shadows, and connected to a creative energy that has brought me closer to what I understand to be my relationship with God.

•
Being a member of Light Group is at the heart of my Quaker life. It can challenge, support, ground and uplift me in often unexpected ways. The connection of the group is very special and helps me feel rooted as Quaker.

•
Being a member of the Light Group has had an impact on my spiritual life. It makes a space in my life for what I see as spiritual development in giving me food for thought. ... I need what I get from the Light Group, spiritually, very much.

•
I have been involved in Light Groups for some years. Being a member of my current Light Group is an anchor for my spiritual life in a time of change and challenge. The well held EwL process in our group, has enabled witness of the light at work in me/us as we open to it. I have found my experience of self-examination, inner peace and connection to God strengthened and illuminated by it. It facilitates shared witness of the light of the Spirit at work in our lives. I am very grateful for the EwL and have found that holding the group on Zoom has all the transformative power that meeting face to face had, which has surprised me.

•
Experiment with Light has played an important part in deepening my spiritual life. It has made me more aware of the value of sharing, recognising we are not alone. Meetings give me strength and feed my soul. The Light Group, as the name suggests, meets the first Sunday of each month by Zoom. New members are always welcome. Our members come from across Scotland, so you do not need to live within the Perth area to join us. For more information please contact first-sunday-light-group@quaker.scot

Enid Harding.

Glasgow Quaker Meeting Rotas: May 2026

	Sunday 3 rd	Sunday 10 th	Sunday 17 th	Sunday 24 th	Sunday 31 st
Clerk (for notices)	Janey Andrews	Joyce Taylor	Janey Andrews	TBC	TBC
Elders in the Renfield Centre and welcoming after Meeting	Daphne Wassermann and David Thomas LM Elder Daphne Wassermann	Rosemary Morgan and Sheila Semple	Linda Cannon and David Thomas (A&Q)	Sheila Semple and Linda Cannon	Neil McKechnie and Rosemary Morgan
Zoom host in the Renfield Centre	Martin Mansell	Daphne Wassermann	David Garfield	Daphne Wassermann	No Zoom
Warden	TBC	TBC	TBC	TBC	TBC
Doorkeeper	TBC	TBC	TBC	TBC	TBC
Pastoral Care	Jenny Copsey	Maureen Waugh and Mike Nellis	Mark Coleman	Alistair Trainor	Mary Cox
Tea/coffee	TBC	TBC	TBC	TBC	TBC
Children's Meeting lead	Mary Alice Mansell	Mary Troup	Mary Troup	Mary Troup	Mary Troup
Children's Meeting helper	TBC	Mary Alice Mansell (All Age Worship)	Kath Allan	Paul Lynch	Kath Allan

Wednesday Meetings for Worship

Meetings are held every Wednesday in the Unitarian House and by Zoom.

There is no longer a designated host as this meeting is quite small.

Anyone can join using the link circulated.